

PRE-RECORDED CDs
of
LECTURES AND CHANTING

BY

H.H.SWAMI PARAMARTHANANDA SARASWATI



CATALOGUE
2019

SUGGESTED COURSE OF STUDY

By

Swami Paramarthananda

LEVEL 1

S. No	TITLE	No. of TALKS
1	INTRODUCTION TO VEDĀNTA	16
2	TATTVABODHA	22
3	BHAGAVAD-GĪTĀ SUMMARY	22
4	BHAJAGOVINDAM	12
5	BHAGAVAD-GĪTĀ (CHAPTERS 1 TO 6)	99
6	SĀDHANA-PAÑCAKAM AND VALUES	13
7	BHAGAVAD-GĪTĀ (CHAPTERS 7 TO 12)	65
8	JĪVAYĀTRĀ AND MANIṢĀ-PAÑCAKAM	20
9	BHAGAVAD-GĪTĀ (CHAPTERS 13 TO 18)	79
	Total	348

LEVEL 2

1	THE ESSENCE OF UPANIṢADS	30
2	UPADEŚASĀRA	11
3	MUṆḌAKA-UPANIṢAD	38
4	SARVA-VEDĀNTA-SIDDHĀNTA-SĀRASANĠRHA (PORTIONS)	29
5	KENA-UPANIṢAD	12
6	ĀTMABODHA	30

7	KATĪHA-UPANIṢAD	45
8	APAROKṢĀNUBHŪTI	42
9	KAIVALYA-UPANIṢAD	13
10	VĀKYAVṚTTI	19
11	TAITTIRĪYA-UPANIṢAD	51
12	DRḠ-DRṢYA-VIVEKA	21
13	MĀṆḌŪKYA-UPANIṢAD AND KĀRIKĀ	81
	Total	422

LEVEL 3

1	SAD-DARŚANAM	24
2	DAKṢIṆĀMŪRTI-STOTRAM AND PORTIONS OF ŚIVĀNANDALAHARĪ	21
3	ADVAITA-MAKARANDA	14
4	BRAHMASŪTRAS (1 TO 4)	35
5	AṢṬĀVAKRA-GĪTĀ	74
	TOTAL	168

**ALL OTHER TALKS ARE OPTIONAL AND THEY CAN BE
STUDIED IN ANY ORDER**

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VEDĀNTA TALKS			
S.No	TITLE	No.of TALKS	No.of MP3 CDs
1	INTRODUCTION TO VEDĀNTA	16	2
2	BHAGAVAD-GĪTĀ	243	24
3	BHAGAVAD-GĪTĀ SUMMARY (CHAPTERWISE)	22	3
4	MUṆḌAKA-UPANIṢAD	38	4
5	KENA-UPANIṢAD	12	1
6	KAṬHA-UPANIṢAD	45	4
7	KAIVALYA-UPANIṢAD	13	1
8	TAITTIRĪYA-UPANIṢAD	51	5
9	MĀṆḌŪKYA-UPANIṢAD AND KĀRIKĀ	81	8
10	ĪSĀVĀSYA-UPANIṢAD	9	1
11	PRAŚNA-UPANIṢAD	22	2
12	AITAREYA-UPANIṢAD	14	1
13	CHĀNDOGYA-UPANIṢAD	76	8
14	BṚHADĀRAṆYAKA-UPANIṢAD	160	16
15	UPANIṢADS (WHOLE SET)	521	51
16	THE ESSENCE OF UPANIṢADS	30	3
17	BRAHMASŪTRAS	389	39
18	BHAJAGOVINDAM	12	1
19	TATTVABODHA	22	2
20	SĀDHANA-PAÑCAKAM AND VALUES	13	1

S.No	TITLE	No.of TALKS	No.of MP3 CDs
21	JĪVAYĀTRĀ AND MANĪṢĀ-PAÑCAKAM	20	2
22	SARVA-VEDĀNTA-SIDDHĀNTA - SĀRASANĠRAHA (PORTIONS)	29	3
23	UPADEŚASĀRA	11	1
24	APAROKṢĀNUBHŪTI	42	4
25	ĀTMABODHA	30	3
26	VĀKYAVṚTTI	19	2
27	SAD-DARŚANAM	24	2
28	ADVAITA-MAKARANDA	14	1
29	RĀMAGĪTĀ	28	3
30	DRḠG-DRṢYA-VIVEKA	21	2
31	DAKṢIÑĀMŪRTI-STOTRAM AND PORTIONS OF ŚIVĀNANDALAHARĪ	21	2
32	VEDĀNTASĀRA	51	5
33	AṢṬĀVAKRA-GĪTĀ	74	7
34	NAVAYOGISAṠVĀDA	53	5
35	NĀRADABHAKTISŪTRAS	27	3
36	VEDĀNTAḌIṆḌIMA	22	2
37	ŚVETĀŚVATARA-UPANIṢAD	39	4
38	ŚRUTISĀRA-SAMUDDHARAṆAM	66	7
39	UDDHAVAGĪTĀ	282	28
40	VIVEKACŪḌĀMAṆI	167	17

S.No	TITLE	No.of TALKS	No.of MP3 CDs
41	PAÑCADAŚĪ	298	30
42	PAÑCADAŚĪ (CHAPTERWISE - SUMMARY)	11	1
43	UPADEŚASĀHASRĪ	232	23
44	NAIṢKARMYASIDDHI	251	25
45	GĪTĀ-BHĀṢYAM (In Progress)	500	50
46	MUNḌAKA-BHĀṢYAM	97	10
47	KAṬHA-BHĀṢYAM	110	11
48	KENA-PADA-BHĀṢYAM	57	6
49	KENA-VĀKYA-BHĀṢYAM	49	5
50	TAITTIRĪYA-BHĀṢYAM	141	14
51	MĀṆḌŪKYA-BHĀṢYAM (In Progress)	70	7
52	ĪŚĀVĀSYA-BHĀṢYAM	19	2
53	BRHADĀRAṆYAKA-BHĀṢYAM (1-4-10)	26	2
54	ANUBHŪTIPRAKĀŚĀ - VI (MUNḌAKA)	20	2
55	ANUBHŪTIPRAKĀŚĀ - XIX (KENA)	19	2
56	ANUBHŪTIPRAKĀŚĀ - XI (KAṬHA)	32	3
57	ANUBHŪTIPRAKĀŚĀ - II (TAITTIRĪYA)	36	3
58	ANUBHŪTIPRAKĀŚĀ - VII (PRAŚNA)	20	2
59	ANUBHŪTIPRAKĀŚĀ - I (AITAREYA)	27	3
60	ANUBHŪTIPRAKĀŚĀ – III (CHĀNDOGYA VI)	34	3
61	ANUBHŪTIPRAKĀŚĀ – IV (CHĀNDOGYA VII)	22	2
62	ANUBHŪTIPRAKĀŚĀ – V (CHĀNDOGYA VIII)	24	2

*As on 1-1-2018

S.No	TITLE	No.of TALKS	No.of MP3 CDs
63	ANUBHŪTIPRAKĀŚA – XIII (BṚHADĀRAṆYAKA : I-4)	62	6
64	ANUBHŪTIPRAKĀŚA – XIV (BṚHADĀRAṆYAKA : II-1 to 3)	22	2
65	ANUBHŪTIPRAKĀŚA – XV (BṚHADĀRAṆYAKA : II-4)	26	2
66	ANUBHŪTIPRAKĀŚA – XVI (BṚHADĀRAṆYAKA : II-5)	9	1
67	ANUBHŪTIPRAKĀŚA – XVII (BṚHADĀRAṆYAKA : III)	75	7
68	ANUBHŪTIPRAKĀŚA – XVIII (BṚHADĀRAṆYAKA : IV)	91	9
69	ANUBHŪTIPRAKĀŚA (WHOLE SET)	519	49
70	VICĀRASĀGARA (In Sanskrit medium)	307	30
71	VICĀRASĀGARA (In Progress)	250	25
72	NĪTĪŚATAKAM (PORTIONS)	24	2
73	VAIRĀGYAŚATAKAM (PORTIONS)	13	1
74	PRĀTAḤSMARAṆAM AND KAMALAJA- DAYITĀṢṬAKAM	10	1
75	SANDHYĀVANDANAM (YAJURVEDA)	10	1
76	SAṀSKĀRAS	9	1
77	GĪTĀ-DHYĀNAŚLOKAS AND TALKS ON GĪTĀ	8	1

*As on 1-1-2018

S.No	TITLE	No.of TALKS	No.of MP3 CDs
78	STOTRAS - 1 : GAṆEŚAPAÑCARATNAM DAKṢIṆĀMŪRTISTOTRAM GURUPĀDUKĀSTOTRAM TOṬAKĀṢṬAKAM GURVAṢṬAKAM TAPOVANAṢṬAKAM	7	1
79	STOTRAS - 2 : GURUSTOTRAM ŚIVAMĀNASAPŪJĀ ŚIVĀPARĀDHAKṢAMĀPAṆA-STOTRAM ŚĀRADĀSTOTRAM AND RĀMASTOTRAM HASTĀMALAKĪYAM	13	1
80	DHANYĀṢṬAKAM VEDIC VISION OF MOKṢA THE UNIQUENESS OF MĀṆḌŪKYA - UPANIṢAD RESOLUTION MEDITATION (PRAVILĀPANA-DHYĀNAM)	10	1
81	SVARŪPĀNUSANDHĀNAM AND TATTVABODHA-SĀRA	11	1
82	CLASS PRAYERS	17	1
83	QUESTIONS AND ANSWERS	30	3
84	MEDITATION	12	1
85	GUIDED MEDITATION - I AND II	11	1
86	GUIDED MEDITATION – III	46	4
87	TARKAŚAṆGRAHA	8*	1*
88	SUMMARIES OF VEDĀNTIC TEXTS	20	2

*Poor-recording

GENERAL TALKS		
S.No	TITLE	CD No
1	SCIENCE AND VEDĀNTA	1
2	SELF-MASTERY	
3	SATSANĠA	
4	DISCOVERING DIVINITY THROUGH YOGA	
5	SELF-IMPROVEMENT (DOᅒA-PARIHĀRĀᅒAKAM)	
6	GĀYATRĪ –MANTRA	
7	WHAT IS ŚARAᅒĀGATI?	
8	THE ROLE OF A GURU	
9	HOW TO HANDLE HUMAN RELATIONSHIPS?	
10	THE ESSENCE OF VEDĀNTA	
11	SELF-MANAGEMENT	2
12	LIVING IN THE PRESENT	
13	KNOWLEDGE AND BEHAVIOUR	
14	SECRET OF SUCCESS	
15	HOW TO PRAY?	
16	THREE DISCIPLINES FOR A PURPOSEFUL LIFE	
17	WHAT GIVES HAPPINESS?	

S.No	TITLE	CD No
18	TEN COMMANDMENTS OF HINDUISM	2
19	STOP YOUR WORRY	
20	HOW TO HANDLE SORROW?	
21	GIST OF RUDRAM	3
22	WORSHIP OF GOD	
23	HINDU GODS	
24	DHYĀNA-ŚLOKAS OF RUDRAM	
25	DEPENDENCE TO INDEPENDENCE	
26	PAÑCĀKṢARA AND MR̥TYUÑJAYA- MANTRA	
27	SEEK THE ETERNAL	
28	GLORY OF LORD ŚIVA	
29	CAN PRAYER CHANGE THE FATE?	
30	RELIGIOUS LIFE	
31	ARE THE SCRIPTURES SCIENTIFIC?	
32	HOW TO ACCEPT THE CHOICELESS?	4
33	FOUR TYPES OF SANNYĀSA	
34	SIGNIFICANCE OF GURŪPURṆIMĀ	
35	DIFFERENT ROLES OF A JÑĀNĪ	
36	GURUŚIṢYA - RELATIONSHIP	
37	GLORY OF SANNYĀSA	
38	IS SELF-KNOWLEDGE INTELLECTUAL?	
39	KNOWLEDGE AND EXPERIENCE	

S.No	TITLE	CD No
40	IS GURU REQUIRED FOR SELF- KNOWLEDGE?	4
41	SELF-KNOWLEDGE AND EMOTIONAL PROBLEMS	
42	ADVAITA AND MYSTICISM	
43	HOW TO EXCEL IN EVERY FIELD?	5
44	DOES GOD EXIST?	
45	TRANSCENDING GENDER - IDENTITY (BRAHMACARYAM)	
46	CAN BHAKTI GIVE LIBERATION?	
47	ARE THE VEDAS OPEN TO ALL?	
48	WHAT IS ŚRADDHĀ?	
49	ADVAITA, DVAITA AND VIŚIṢṬĀDVAITA	
50	RELATIONSHIP BETWEEN JĪVA AND ĪŚVARA-1	
51	RELATIONSHIP BETWEEN JĪVA AND ĪŚVARA-2	
52	SELF-REORIENTATION (DURVĀSANĀ- PRATĪKĀRA-DAŚĀKAM)	
53	LEADING A MEANINGFUL LIFE	
54	WHY DO WE NEED SELF-KNOWLEDGE?	
55	THE VISION OF GOD	
56	SIGNIFICANCE OF VIŚVARŪPADARŚANAM	

S.No	TITLE	CD No
57	VALIDITY OF THE VEDAS	6
58	SELF-ANALYSIS	
59	HOLISTIC HEALTH	
60	CAN I BE SPIRITUAL WITHOUT BEING RELIGIOUS?	
61	HOW DOES PRAYER WORK?	
62	IS DESIRE AN EVIL?	
63	THE PURPOSE OF RELIGIOUS LIFE	7
64	SIGNIFICANCE OF DAILY PŪJĀ	
65	UNDERSTANDING GOD	
66	MESSAGE OF THE VEDAS	
67	WHAT IS SANNYĀSA?	
68	THE SPIRITUAL JOURNEY	
69	MOKṢA IS UNCONDITIONAL	
70	SAT-CIT-ĀNANDA	
71	UNDERSTANDING ANGER	
72	HOW TO HANDLE FEAR?	
73	THE VALUE OF ACCEPTANCE	8
74	THE VALUE OF SILENCE	
75	THE VALUE OF SPEECH	
76	SEVEN HEALTHY HABITS	

S.No	TITLE	CD No
77	THE ROLE OF FAITH IN HINDUISM	8
78	GURU, A BEGINNINGLESS TRADITION	
79	THE UNIQUENESS OF NIDIDHYĀSANAM	
80	TWO TYPES OF MOKṢA	
81	THE ESSENCE OF RĀMAGĪTĀ	
82	SATYAM JÑĀNAM ANANTAM BRAHMA	
83	GĪTĀ-MĀHĀTMYAM	9
84	NATURE OF SAṂSĀRA	
85	CAN KNOWLEDGE ARISE IN SAMĀDHI?	
86	THE NATURE OF HAPPINESS	
87	WHAT IS ENLIGHTENMENT?	
88	BHAKTI AND SUCCESS	
89	VEDIC WAY TO VICTORY	
90	WHAT IS YOGA?	
91	UPĀSANAYOGA	
92	DHARMA AND MOKṢA	
93	THREE STAGES OF SPIRITUALITY	10
94	OVERVIEW OF BHAGAVATGĪTĀ	
95	AṢṬĀṄGAYOGA	
96	IS MOKṢA-PURSUIT SELFISH?	
97	WHAT IS GOD'S GRACE?	

S.No	TITLE	CD No
98	SIGNIFICANCE OF PURITY	10
99	DOES A JÑĀNĪ HAVE PRĀRABDHA?	
100	NĀMASANKĪRTANAM AND MOKṢA	
101	DRṢṬI-SRṢṬI-VĀDA-1	
102	DRṢṬI-SRṢṬI-VĀDA-2	
103	MAHĀVĀKYA VICĀRA	11
104	SUMMARY OF KṢETRAJÑA BHĀṢYAM	
105	GOD IN HINDUISM	
106	SĀDHANA- CATUṢṬAYAM	
107	SIX PRINCIPLES OF TOLERANCE	
108	FIVE FEATURES OF BHAKTI	
109	SAMBANDHA-BHĀṢYAM	
110	THE ONLY MEANS OF SPIRITUAL KNOWLEDGE	
111	HOMAGE TO DAYANANDA SWAMIJI	
112	SRI-DAYANANDA-PAÑCAKAM	

TAMIL TALKS

S No	TITLE	No of Talks	Cd No
1	முகவுரை/ INTRODUCTION	2	1
2	முண்டக-உபநிஷத்/ MUṆḌAKA-UPANIṢAD	3	
3	கேன-உபநிஷத்/ KENA-UPANIṢAD	1	
4	கட-உபநிஷத்/ KAṬHA-UPANIṢAD	2	
5	விதியும் மதியும்/ FATE AND FREE WILL	1	
6	இறைவன் அருள்/ ROLE OF GRACE	1	
7	தைத்திரீய-உபநிஷத்/ TAITTIRĪYA - UPANIṢAD	1	2
8	கைவல்ய-உபநிஷத்/ KAIVALYA-UPANIṢAD	3	
9	வேதநெறி/ VEDAS	4	
10	கீதாஸாரம்/ ESSENCE OF BHAGAVAD-GĪTĀ	10	3
11	கீதாஸாரம்/ ESSENCE OF BHAGAVAD-GĪTĀ	8	4
12	உபாஸனமும் ஞானமும் UPĀSANA AND JÑANĀ	1	
13	மோக்ஷம்/ MOKṢA	1	
14	ஸாதன-பஞ்சகம்/ SĀDHANA-PAÑCAKAM	4	5
15	ப்ராதஸ்மரணம்/ PRĀTAḤSMARAṆAM	3	
16	கமலஜ-தயிதாஷ்டகம் KAMALAJA-DAYITĀṢṬAKAM	3	

S No	TITLE	No of Talks	Cd No
17	நீதிசதகம்/ NĪTISĀTAKAM	5	6
18	க்ருஹஸ்தனும் மோகஷமும் HOUSEHOLDER AND LIBERATION	3	
19	வேதமும் மனிதனும் THE ROLE OF VEDAS IN HUMAN LIFE	1	
20	ஒழுக்கம்/DISCIPLINE	1	
21	ஹஸ்தாமலகீயம்/ HASTĀMALAKĪYAM	3	7
22	அத்வைதபஞ்சரத்னம் ADVAITAPAÑCARATNAM	3	
23	த்யானம்/ DHYĀNAM	1	
24	த்யானப்பயிற்சி PRACTICE OF MEDITATION	3	
25	மனீஷாபஞ்சகம்/MANĪṢĀPAÑCAKAM	3	8
26	ஜீவயாத்ரா/JĪVAYĀTRĀ	3	
27	தன்யாஷ்டகம்/ DHANYĀṢṬAKAM	3	
28	விதியும் மதியும்/ FATE AND FREE WILL	1	
29	ஸர்வ-வேதாந்த-ஸித்தாந்த-ஸார ஸங்க்ரஹம் SARVA-VEDĀNTA-SIDDHĀNTA-SĀRASANĠRAHA	11	9
30	ஸர்வ-வேதாந்த-ஸித்தாந்த-ஸார- ஸங்க்ரஹம் SARVA-VEDĀNTA-SIDDHĀNTA-SĀRASANĠRAHA	12	10

DIVYANĀDAM (CHANTING) SERIES

CD No	CONTENTS
1	BHAGAVAD-GĪTĀ
2	LAGHUNYĀSAḤ, RUDRAM, CAMAKAM, SADYOJĀTAM ŚĀNTIPĀṬHAḤ, TAITTIRĪYA-UPANIṢAD, ĪŚĀVĀSYA-UPANIṢAD KAṬHA-UPANIṢAD, KENA-UPANIṢAD, KAIVALYA-UPANIṢAD
3	ŚĀNTIPĀṬHAḤ, MĀṆḌŪKYA-UPANIṢAD AND KĀRIKĀS ŚĀNTIPĀṬHAḤ, MUṆḌAKA-UPANIṢAD, ŚRĪ DAYĀNANDA-PAÑCAKAM, TATTVABODHAḤ, DR̥G-DR̥ŚYA-VIVEKAḤ ĀTMABODHAḤ, SAD-DARŚANAM, ADVAITA- MAKARANDAḤ, NIRVĀṆADAŚAKAM, NIRVĀṆAṢAṬKAM, SĀDHANAPAÑCAKAM, MANĪṢĀPAÑCAKAM, MĀYĀPAÑCAKAM, KAUPĪNAPAÑCAKAM, ŚIVAMĀNASAPŪJĀ
4	APAROKṢĀNUBHŪTIḤ, RĀMAGĪTĀ SAUNDARYALAHARĪ, KANAKADHĀRĀ-STOTRAM, KAMALAJA-DAYITĀṢṬAKAM, MEDHĀSŪKTAM, VIṢṆU-SAHASRANĀMA-STOTRAM, PURUṢASŪKTAM, NĀRĀYAṆASŪKTAM, VIṢṆUSŪKTAM

CD No.	CONTENTS
5	<p>VIṢṆU-SAHASRA-NĀMĀVALIḤ, LAKṢMĪ-ASTOTTARAŚATA-NĀMĀVALIḤ</p> <p>LALITĀ SAHASRANĀMA-STOTRAM, LALITĀPAÑCARATNAM, DURGĀSŪKTAM, ŚRĪSŪKTAM, BHŪSŪKTAM, YAŚCHANDASĀM</p> <p>LALITĀ-SAHASRA-NĀMĀVALIḤ, LALITĀ-TRISĀTĪ-NĀMĀVALIḤ, LALITĀ- AṢṬOTTARAŚATA-NĀMĀVALIḤ, DAKṢIṆĀMŪRTI-AṢṬOTTARAŚATA-NĀMĀVALIḤ</p>
6	<p>ŚĀNTIPĀṬHAḤ, GURUPĀDAPŪJĀ-VIDHĀNAM, ŚIVAMĀNASAPŪJĀ, PŪJĀVIDHĀNAM,</p> <p>GAṆEŚA, KRṢṆA, ŚIVA, GAURĪ, LAKṢMĪ, SARASVATĪ - AṢṬOTTARAŚATA-NĀMĀVALIḤ</p> <p>SUBRAḤMAṆYA, SŪRYANĀRĀYAṆA, VENKAṬEŚA, DURGĀ, RĀMA, ŚAṆKARA - AṢṬOTTARAŚATA- NĀMĀVALIḤ</p> <p>DAKṢIṆĀMŪRTI-DĪPĀRĀDHANA-UPACĀRAMANTRĀḤ</p>
7	<p>GAṆEŚAPAÑCARATNAM, GURUSTOTRAM, GURUPĀDUKĀSTOTRAM, TOṬAKAṢṬAKAM, GURVAṢṬAKAM, ŚRĪ-TAPOVNAṢṬAKAM, ŚRĪ- DAKṢIṆĀMŪRTISTOTRAM, GĪTĀDHYĀNAM,</p> <p>ŚĀRADĀSTOTRAM, ŚRĪ-ANNAPŪRṆĀSTOTRAM, ŚIVA-PAÑCĀKṢARASTOTRAM, ŚRĪ- RĀMĀYAṆAVANDANAM, MĀRGABANDHUSTOTRAM, LIṆGĀṢṬAKAM, KĀSĪ- VIŚVANĀTHA-STOTRAM, GAṆĀSTOTRAM, MAHIŚĀSURAMARDINĪ-STOTRAM, MĪNĀKṢĪPAÑCARATNAM, MAHĀLAKṢMYAṢṬAKAM, DAŚĀVĀTĀRASTOTRAM, RĀMASTOTRAM, KRṢṆĀṢṬAKAM, BĀLAMUKUNDĀṢṬAKAM, MADHURĀṢṬAKAM, ACYUTĀṢṬAKAM, KĀLABHAIRAVĀṢṬAKAM, BHAJAGOVINDAM, ĀDITYAHRDAYAM, UPADEŚASĀRAḤ, ŚRĪ-ŚĪTĀRĀMA-DHYĀNAM VANDANAM CA, ŚRĪ-HANUMANNAMASKĀRAḤ, ŚRĪ-HANUMATPAÑCARATNAM, ŚIVĀPARĀDHAKṢAMĀPAṆASTOTRAM, NATARĀJASTOTRAM, MAṆGALĀSTAKAM</p>

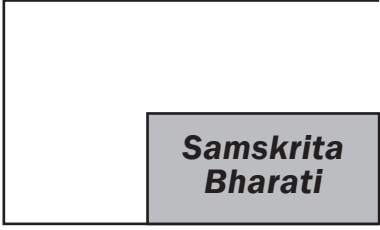
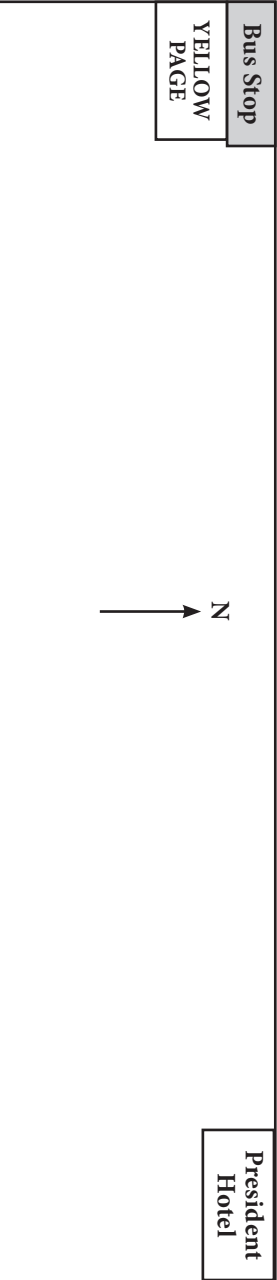
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- Each lecture CD is available for Rs. 280/-. Each chanting CD is available for Rs. 330/-.
- If you are a resident of Chennai, you may call us or personally visit us and place your orders. The CDs will be available at :

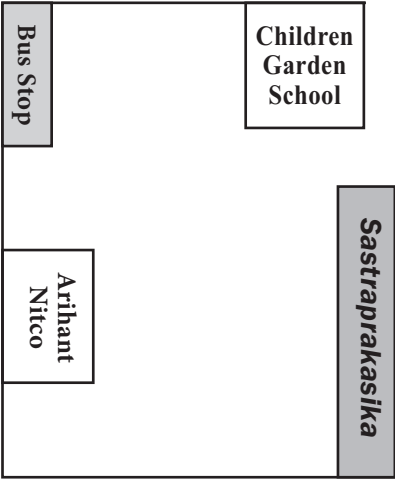
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V. M. Street

V. M. Street



7th Street



8th Street

