

What are Free Classes?

No Registration, Payment & Login is required.

- Latest three classes of Mandukya Bhashyam and Uddhavagita will be made available at the free classes page.
- Vivekacudamani (Free* video classes will be available from 5th June'2020, each class valid only for 7 days from the date of upload).
- Swamiji delivers talks on special occasions such as New Year, Guru Poornima and Sivaratri. These talks are also available on this page. Click link below

<https://www.yogamalika.org/freetalks/>

Note: Till further notice only Vivekacudamani available at the above page.